

Kaiser Permanente Everyday Care Plans

Routine care with no hidden costs



Kaiser Permanente Everyday Care Plans¹ make it easy to stay on top of your health. You can get most routine medical services at no extra cost – before you reach your deductible. And this plan's simple design tells you exactly what you'll pay, which can help you plan ahead.

How Everyday Care Plans work

Like other Kaiser Permanente plans, the Everyday Care Plans focus on preventive care. That means we work to help keep you healthy and catch health issues early – before they become serious. And when you do need care, we want to make it easy. That's why these services are available at no additional cost before meeting your deductible:

- Physical exams
- Adult screenings
- Well-woman visits
- Well-child visits
- Vaccinations
- Specialty care
- Urgent care
- Lab tests
- X-rays
- Mental health services
- Physical, occupational, and speech therapy

Prescriptions

You also won't have to worry about the deductible with prescriptions. Generic prescriptions are covered at no additional cost, while you'll pay a copay for brand name and nonpreferred medications.

Fill or refill your prescriptions at any Kaiser Permanente pharmacy. Depending on the type of medication, you can also have them delivered through our mail-order pharmacy or our same-day or next-day delivery service. You'll also have access to affiliated plan pharmacies.²



Benefits

Immediate value:

\$0 copay for most services with no need to meet a deductible.

Simple and predictable:

Straightforward plan designs make it easy to budget and anticipate out-of-pocket costs.

Affordable, accessible care:

Get care when you need it. The plans offer many no-cost services, including primary and specialty care, to help keep you healthy.

New to Kaiser Permanente?

Our pharmacists will work with you and your doctor to transfer your prescriptions. Call our New Member Connect team for help at **1-844-639-8657 (TTY 711)**, Monday through Friday, 8 a.m. to 5 p.m.

See our formulary (list of covered medications) at [kp.org/formulary](https://www.kp.org/formulary).

When your deductible applies

For more extensive services like outpatient surgery and inpatient hospitalizations, you'll have to meet your deductible first. This means you'll pay for them out of pocket until you've reached your deductible limit, which is also your out-of-pocket maximum. For MRIs, CT, and PET scans, you'll also pay a copay, but they're not subject to the deductible.

Once you reach your out-of-pocket maximum, Kaiser Permanente will pay 100% of most covered services for the rest of the year.

Where to get care

You can get care from more than 1,300 Kaiser Permanente doctors, one of the largest multispecialty groups in Colorado, or an affiliated in-network doctor. And you can change your doctor at any time.

If you'd like to see a specialist, you can schedule a consultation with most Kaiser Permanente specialists, or an affiliated plan specialist – no referral needed, with a few exceptions.

Visit kp.org/locations to search for Kaiser Permanente doctors and affiliated network providers near you.³

Emergency and inpatient care

When it comes to emergency care, you're covered anywhere in Colorado, the U.S., and the world. Ambulance and emergency room services have a copay, but emergency care copays are waived if you're admitted to a hospital.

For scheduled inpatient care, you'll have a choice of hospitals close to home. Visit kp.org/locations to find one near you.

Easy ways to manage your health

We're here to help you stay healthy year-round. With the Everyday Care Plans, you'll have access to personalized online wellness programs, webinars, and classes that work with your schedule, no matter how busy you are.

And, if you have a chronic condition such as asthma, heart disease, or diabetes, we provide extra coordinated support through our chronic care management programs, including assistance with complex care needs.

? Questions?

Call Member Services at **303-338-3800** or **1-800-632-9700 (TTY 711)**, Monday through Friday, 8 a.m. to 6 p.m.

1. Colorado state law requires that an Access Plan be available that describes Kaiser Foundation Health Plan of Colorado's network provider services. To obtain a copy, please call Member Services or visit kp.org. 2. Depending on your specific plan provisions, maintenance medication refills must be filled at one of our Kaiser Permanente pharmacies or through the Kaiser Permanente mail-order pharmacy or the maintenance medication will not be covered. Mail-order medication cannot be mailed outside of Colorado. Some prescriptions are not eligible to be mailed or delivered. Same-day deliveries must be within a 15-mile radius of a participating pharmacy and a delivery fee applies. Some restrictions may apply. 3. Choice of providers varies by plan, location, and availability at the time of selection, and is subject to change. Please see kp.org/locations for providers included in your plan.