Care that meets you where you are

With our mobile app, or at **kp.org**, you can access care, view most lab and test results, schedule appointments, pay bills and more. No matter which care option you choose, Kaiser Permanente clinicians have your health information at their fingertips.[1]

24/7 care options that fit any schedule

Online chat

Message in real time with a clinician, mental health specialist, and more.[3]

24/7 on-demand video visits

Talk to a clinician for quality care when you need it—no appointment needed.[3]

24/7 medical advice

Call for answers to routine or urgent medical questions.

Scheduled phone/video visits

Set up a time that's convenient for you to talk to a Kaiser Permanente clinician via phone or video.[2,3]

E-visit

Complete a brief, online questionnaire about your symptoms to receive a care plan or advice about seeking in-person care.

To access these and other care options, go to **kp.org/getcare** or download our mobile app.

If you don't have a **kp.org** account, set one up at **kp.org/registernow**. Then you can download our mobile app.

1. Affiliated providers may or may not have access to your Kaiser Permanente health records.
2. These services are available when you receive care at Kaiser Permanente medical offices.
3. Chat with a clinician or mental health specialist, video, and phone services are offered at no additional cost for most health plans. For these services, some PPO or high deductible health plans are subject to a copayment, coinsurance or deductible first before being provided at no additional cost. Review your Evidence of Coverage, Membership Agreement, or Certificate of Insurance, or call Member Services at **303-338-3800** or **1-800-632-9700** (TTY **711**), Monday through Friday, from 8 a.m. to 6 p.m., for your plan details.

Learn more at **kp.org/getcare**

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